

Center for Health Literacy Connects Better Health to Better Understanding

"You are being taught the language of science and it's important, but you need to keep the language of your patients and be able to switch between the two." That is a main message Kristie Hadden, Ph.D., executive director of the [Center for Health Literacy](#), said she emphasizes when she talks to incoming UAMS students.

It's a message that aligns with [the center's mission](#) of improving societal and population health by making health information easy to understand and use. It's been the prime directive for what started in 2012 as a program within UAMS Regional Programs before moving to the Division of Academic

Academic Affairs Focus:

Center for Health Literacy

Find them online at:
healthliteracy.uams.edu

Affairs two years later.

That goal also fits [the UAMS mission](#) that includes delivery of patient- and family-centered care as a mechanism of improving health and health care in Arkansas.

"I think there are some who know that we provide plain language editing services of health documents and patient communications to make them easier to understand," Hadden said. "But we also do so much more. We are involved in the clinical, research and academic missions of UAMS and beyond."

Though, she adds, the center does provide [readability assessment](#) and plain language editing services of health-related documents to many. Hundreds of pages were assessed and edited in the last fiscal year, with many more translated to Spanish. The quality of those services was recognized in 2017 when a Spanish language "How to Talk to Your Doctor" booklet developed in partnership with the UAMS Center for Distance Health earned a [national award](#) from the [Center for Plain Language](#).

The outreach element of the center's recent work includes health communications training for multiple state agencies, the development of a resource to help patients find reliable health information



The Center for Health Literacy team includes, (front row from left) Maria Rulvacalba, Camille Mack, Alison Caballero, (Back row, from left) Chris Trudeau, Kristie Hadden, Andrea Roy and Katie Leath. Not pictured are Jennifer Gan and Jamie Watson.

online and a new set of opioid education resources for orthopaedic patients. Alison Caballero, M.P.H., director of programs and services, plain language services program administrator Katie Leath, M.P.H., M.A., and bilingual plain language translator Maria Ruvalcaba lead the center's outreach activities.

But the team based in the Freeway Medical Center building is involved in health literacy evidence-based research and development of health systems policy, which Hadden said sets the UAMS center apart from many of its peers.

— Continued on Page 16

Inside this Issue:

- Academic Affairs and UAMS Events - Page 3
- Standardized Patient Program Celebrates Anniversary - Page 4
- Faculty Center Hosts Emeritus Faculty - Page 6
- Library Grants Extend Health Education - Page 12
- IPE Cooking Challenge - Page 15

News from Academic Affairs

October/November 2018 Newsletter

News from Academic Affairs is published bimonthly (six times annually) by the Office of the Provost to inform students, faculty and staff about programs and support provided by the Division of Academic Affairs and to highlight UAMS initiatives beneficial to students and faculty.

Stephanie F. Gardner, Pharm.D., Ed.D.
Senior Vice Chancellor for Academic Affairs and Provost

Departments in the Division of Academic Affairs

Enrollment Services

- [Office of the University Registrar](#)
- [Commencement](#)

Institutional Research, Policy and Accreditation

- [Academic Administration](#)
- [Institutional Studies](#)

Society and Health

- [Office of Interprofessional Education](#)
- [12th Street Health and Wellness Center](#)
- [Center for Patients and Families](#) (on-campus)

Student Services

- [UAMS Library](#)
- [Campus Life and Student Support Services](#)
- [Student Success Center](#)

Teaching and Learning Support

- [Office of Academic Services](#)
- [Centers for Simulation Education](#)
- [Office of Educational Development](#)

[Arkansas Commission on Child Abuse, Rape and Domestic Violence](#)

[Center for Health Literacy](#)

[Office of Continuing Education and Faculty Center](#)

Questions? Comments?

Contact the Newsletter Editor, Jon Parham
(jcparham@uams.edu)

Academic Affairs

University of Arkansas for Medical Sciences
4301 West Markham, # 541
Little Rock, AR 72205

A Message from the Provost

When Mary Cantrell started the standardized patient program at UAMS 25 years ago, I was still a new faculty member in the College of Pharmacy.

I just marked my 27th year at UAMS, so I've had the privilege of seeing the SP program's remarkable growth. I remember when cameras had to be lugged across campus to film simulation sessions in clinic rooms.



Dr. Stephanie Gardner

Our cast of Standardized Patients are helping our students learn and practice clinical and communication skills. They are the embodiment of our health education mission. I'm grateful for the time and talents they give to our program.

I also am grateful for the years of hard work by Mary to nurture such a successful SP program. Thanks to her and the Sim Center staff present and past.

Around the same time of the SP anniversary celebration, we marked a milestone in the development of a culinary medicine program at UAMS. This summer a working group convened to discuss opportunities we had for a program that combined elements of nutrition education, the cooking arts and healthy eating. That working group has since grown to more than 60 members, including representatives from culinary arts programs at UA-Pulaski Tech and Northwest Arkansas Community College.

In October, we hosted a pioneer in the field of culinary medicine, Dr. Timothy Harlan from Tulane University. We also are moving forward with adopting their culinary medicine curriculum he created, both in our College of Medicine and as an interdisciplinary activity. There is unquestioned enthusiasm at UAMS in this effort.

Hopefully in 25 years we will be celebrating a similar anniversary for a UAMS culinary medicine program that has had as much of an impact on our institution as the standardized patient program and simulation education.

- Stephanie Gardner
Senior Vice Chancellor and Provost

Academic Affairs Calendar

The following events and activities are hosted by departments within the UAMS Division of Academic Affairs or selected as possibly being of interest to faculty and staff. For more information on any AA event, visit the Academic Affairs or department website or contact the Office of the Provost, (501) 686-5672.

This list also contains continuing education events on campus that are submitted through the UAMS Office of Communications & Marketing. For a complete list of those events, visit <https://news.uams.edu/upcoming-academic-continuing-education-events> (intranet access required).

November

Nov 27 — eLearning Brown Bag Workshop, "Copy Spring Course Materials," 12:00 p.m. – 1:00 p.m., Shorey 8/16. Limited to 10 participants, email carlemartha@uams.edu to reserve a laptop or receive a Collaborate guest link (to join from a distance).

Nov 29 — eLearning Brown Bag Workshop, "Copy Spring Course Materials," 12:00 p.m. – 1:00 p.m., Shorey 8/16. Limited to 10 participants, email carlemartha@uams.edu to reserve a laptop or receive a Collaborate guest link (to join from a distance).

Nov. 30 — UAMS' first Digital Health Conference, 9 a.m.-3:30 p.m., Reynolds Institute on Aging. To register, [click here](#). Space is limited. Question? Contact: Anita Walden, acwalden@uams.edu, or Aaron Kemp, ASKemp@uams.edu.

December

Dec. 1 — *Third Annual Dementia Update: Dementia Care: Filling Your Toolbox*, UAMS I.Dodd Wilson Education Building Topics include: support services & resources; music & exercise therapy; medication issues, safety, & legal matters; strategies for handling difficult behaviors. Designed for nurses, physicians, pharmacists, licensed social workers.

Dec. 4 — eLearning Brown Bag Workshop, "Course & Faculty Evaluations Demonstration," 12:00 p.m. – 1:00 p.m., Shorey 8/16. Limited to 10 participants, email carlemartha@uams.edu to reserve a laptop or receive a Collaborate guest link (to join from a distance).

Dec. 6 — eLearning Brown Bag Workshop, "Course & Faculty Evaluations Demonstration," 12:00 p.m. – 1:00 p.m., Shorey 8/16. Limited to 10 participants, email carlemartha@uams.edu to reserve a laptop or receive a Collaborate guest link (to join from a distance).

Dec. 11 — IPE Faculty Development, "Taking Care of Yourself for Busy Professionals," 1-5 p.m., Library Active Learning Center. [Click here to register](#).

Dec. 11 — eLearning Brown Bag Workshop, "Course & Faculty Evaluations Demonstration," 12:00 p.m. – 1:00 p.m., Shorey 8/16. Limited to 10 participants, email carlemartha@uams.edu to reserve a laptop or receive a Collaborate guest link (to join from a distance).

Dec. 11 — eLearning Brown Bag Workshop, "End of Semester Tasks in Blackboard," 12:00 p.m. – 1:00 p.m., Shorey 8/16. Limited to 10 participants, email carlemartha@uams.edu to reserve a laptop or receive a Collaborate guest link (to join from a distance).

[tha@uams.edu](mailto:carlemartha@uams.edu) to reserve a laptop or receive a Collaborate guest link (to join from a distance).

Dec. 13 — eLearning Brown Bag Workshop, "End of Semester Tasks in Blackboard," 12:00 p.m. – 1:00 p.m., Shorey 8/16. Limited to 10 participants, email carlemartha@uams.edu to reserve a laptop or receive a Collaborate guest link (to join from a distance).

2019

January

Jan. 16 — Educators Academy Educational Development, "Critical Thinking," 4:00-5:00 pm, IDW 114 a/b. Email LSO@uams.edu for more information.

Jan. 25 — Educators Academy and College of Medicine Academic Affairs Office, 2019 Teach The Teacher Symposium, "Teaching and Learning at Its Best," 8:00 a.m. – 2:30 p.m., location TBD. Email VaneckoJenniferL@uams.edu to register for this free event, lunch provided.

February

Feb. 6 — Play Reading Remedy, staged reading of the play "Miss Evers' Boys" by David Feldshuh, directed by Don Bolinger in collaboration with UA Little Rock Theater Department with a panel discussion following; 5:30 – 7:30 pm, Rahn Building, COPH Auditorium, 8240

Feb. 11 — IPE Faculty Movie Night, "Say Ahh!," 5:30-8 p.m., Riverdale 10 Cinema in Little Rock. [Click here](#) for a flyer.

Feb. 13 — Educators Academy Educational Development, "How-To's for Online Interactivity," 4:00-5:00 pm, IDW 114 a/b. Email LSO@uams.edu for more information.

March

Mar. 13 — Educators Academy, Faculty Development Workshop, "Why do students procrastinate, and how to help them?," 4:00 p.m. – 5:00 p.m., IDW 114 a/b. Email LSO@uams.edu to for more information.

March 29-30 — *2019 Diabetes Update*, UAMS Jackson T. Stephens Spine & Neurosciences Institute, UAMS Campus Topics include oral and eye health; pediatric diabetes prevention; geriatric diabetes care; managing type 2 diabetes; medications update: Opioids & Neuropathy and hands-on breakouts. Designed for nurses, physicians, pharmacists, dietitians, certified diabetes educators, licensed social workers.

April

April 6-7, 2019 — *ICARE 2019 Improving Critical and Acute Care through Regional Education* An interactive conference designed to provide interprofessional continuing education on a variety of topics in emergency medicine. Designed for nurses, physicians, pharmacists, public health professionals, first responders, EMS professionals and health/medical educators.

April 17 — Play Reading Remedy, staged reading of the play "The Curious Incident of the Dog in the Night-time" by Mark Haddon, directed by Larry Smith in collaboration with UA Little Rock Theater Department with a panel discussion following; 5:30 – 7:30 pm, Rahn Building, COPH Auditorium, 8240

Centers for Simulation Education

UAMS Standardized Patient Program Celebrates 25 Years

The UAMS Standardized Patient (SP) Program marks its 25th year in 2018, an achievement it intends to celebrate with events throughout the 2018-2019 academic year, making it the "Year of the Standardized Patient."

At the Clinical Skills Center and Simulation Center, a SP is a person who has been trained to simulate an actual health care professional, family member or patient so accurately that the simulation cannot be detected by a skilled health care worker. The SP allows for training simulations for UAMS students and clinical professionals.

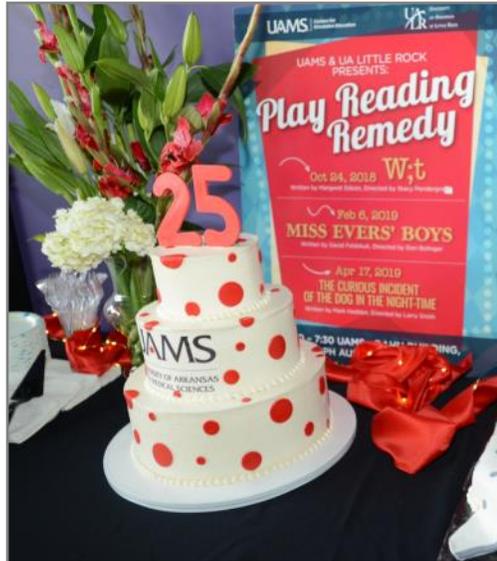
"Having Standardized Patients at UAMS for over 25 years now, speaks loud and clear, that our leadership is dedicated to giving our learners the very best in experiential learning," said Mary Cantrell, M.A., executive director for the Centers for Simulation Education. "I feel like I have the best job at UAMS and I get to work with both a great team and great SPs from all over the state."

To kick off the program's anniversary, a celebration event was held Aug. 29 at the Studio Theater in downtown Little Rock. The guest list included SPs who have been a part of the program over the last 25 years, as well as the faculty who have worked with them. SPs from across the state and from throughout the history of the program attended.

A group of faculty and students expressed their thanks to the SPs for their contributions to the UAMS academic and health care missions.

Speakers included Provost Stephanie Gardner, Pharm.D., Ed.D.; Sara Tariq, M.D., medical director for the Clinical Skills Center; Edward Williams, MPAS, M.Ed., PA-C, chair of the Department of Physician Assistant Studies; Kevin Phelan, Ph.D., co-director of the Division of Clinical Anatomy; Drew Toler, M.Div., M.S.; and second-year medical student Hannah Smashey.

Cantrell then read a letter from former provost Jeannie Heard, M.D., Ph.D. There was an In Memoriam video presentation assembled by



UAMS faculty, staff and students welcome current and former standardized patients to a celebration in honor of the SP program's 25th anniversary.



Michae Orfanos honoring the SPs who are no longer with us.

Jay Randall Awards, named for a local actor and an original Standardized Patient in the program, were presented to SPs who exemplify the work done in the program. Awards went to: Malinda Bell, Alicia Easter, Carol Middleton, Camille McElmurry, Eric Harrison, and Sandy Copeland and honorary awards to Renee Flynn, Konstantinos Arnaoutakis, M.D., Ashley Castleberry, Pharm.D., MAEd, Kathryn Neill, Pharm.D., and Drew Toler, M.Div., M.S.

The celebration even included some karaoke where Standardized Patients showcased their musical talents.

Centers for Clinical Skills and Simulation Education

Play Readings Keep Celebration of SPs Going

As the Centers for Simulation Education's "Year of the SP" in celebration of the 25th Anniversary of its Standardized Patient Program, the center is staging a series of play readings on the UAMS campus.

"The Play Reading Remedy" is a collaboration with the University of Arkansas Little Rock's Department of Theatre Arts and Dance in the College of Arts, Letters and Sciences, and will use directors from the theatre department and actors from our SP Program, UAMS and Theatre students to read three plays. Following the readings, UAMS faculty members will lead a discussion about the plays.

The first reading was Oct. 24, featuring Stacy Pendergraft, a theatre faculty member and an SP, directing the play "WIT" by Margaret Edson. In the play, Vivian Bearing, a brilliant and uncompromising professor of English Literature, has been diagnosed with terminal ovarian cancer.

"Wit" is a poignant and humorous look at life, death, poetry, and compassion. The cast members include, UAMS Faculty member: Richard Wheeler, M.D., SPs: Jeremy Matthey, and Verda Davenport, UA Little Rock students: Emily Wold and Taylor Green. Kostas Arnaoutakis, M.D., Associate Professor, COM Internal Med Hematology-Oncology at UAMS led the discussion after the hour-long reading.

Upcoming performances include "Miss Evers Boys" by David Feldshuh directed by Don Bolinger on Feb. 6, 2019, and "The Curious Incident of the Dog in the Night-time" by Mark Haddon, directed by Larry Smith on April 17, 2019. All of the readings will take place in the COPH Auditorium on the 8th floor of the Rahn Building, 5:30-7:30 p.m.



Lona Mullins

Standardized Patient Profile

Name: Lona Mullins

How long you have been an SP? **Four years**

Tell us about your career/life other than the SP work that you do.

I am a Licensed Certified Social Worker with a Master's degree from the University of Arkansas. My most challenging position was at the VA Hospital as the Spinal Cord Injury Care Coordinator. Since retirement, I enjoy traveling. My favorite places are Hawaii and Portugal. I also volunteer at the Peel Mansion in Bentonville as a tour guide.

What is your favorite thing about being an SP?

Learning the different event roles and working with faculty members, SP staff, other SPs and the learners. And, it is fun!

What is your least favorite thing about being an SP?

I really don't have a least favorite thing. I would love to do more events and look forward to the program expanding in NWA.

-- continued on page 7

Faculty Center

Faculty Center Hosts Emeritus Faculty

The Faculty Center hosted a Sept. 21 luncheon for UAMS [Emeritus Faculty](#).

Emeritus status is an honor awarded by the University of Arkansas System to faculty members whose careers have been characterized by the highest academic achievements and dedication to the advancement of UAMS. The group that attended the luncheon included emeritus faculty members from all five UAMS colleges.

The program included remarks from Chancellor Cam Patterson, M.D., M.B.A., Provost Stephanie Gardner, Pharm.D., Ed.D., and Jan Shorey, M.D., associate provost for faculty.

The Emeritus Faculty has a subcommittee group that meets monthly to discuss and format a phased retirement plan. The group also is responsible for the monthly Pre-Retirement Seminar presentation series that started in September.



Chancellor Cam Patterson, M.D., M.B.A. (left) chats with College of Medicine emeritus faculty member Richard Clark, M.D. Clark was Arkansas' first obstetric anesthesiologist and a pioneer in the development of the subspecialty during his 31 years of full-time service to UAMS.

UAMS Welcomes New Faculty Members

New UAMS faculty members — including the institution's new chancellor — were celebrated at the annual New Faculty Reception, hosted Sept. 27 by the UAMS Faculty Center. UAMS faculty members, including another new faculty member — Chancellor Cam Patterson, M.D., M.B.A., welcomed their new colleagues.



Office of the University Registrar

Student Veteran Association Organizes

The UAMS Student Veteran Organization (UAMS SVO) is now up and running! The purpose of the UAMS Student Veteran Organization (UAMS SVO) is to provide veterans, current service members, and their families with the resources, assistance, direction, and support necessary for the successful transition from military to student life.

The UAMS SVO strives to emphasize personal, professional, and academic success for all student veterans. Also, the UAMS SVO aims to create a network that promotes fellowship as well as professional and leadership development.

The new group recently elected officers for the 2018-2019 academic year:

President – James Harter

Vice President – Tacara Anderson

Treasurer – Matthew Cordell

Secretary – Nicole Mercier

Health Professions Scholarship Program (HPSP) Liaison – Joel McGowan

The membership is open to students enrolled at UAMS that identify themselves as a veteran, service member, or family members of the aforementioned. The UAMS SVO typically meets one to two times a month. The UAMS SVO sends out communications via the UAMS Student Veteran Organization List Serv or through the UAMS Veteran Services Office. For more information, contact Charlotte Gass in the Office of the University Registrar, (501)526-6040 or CEGass@uams.edu.

SP Profile

Continued from Page 5

What is your biggest reward about being an SP?
I enjoy the good feeling I get that this program helps the learners be better at their chosen professions and the expressions of appreciation from the learners and staff.

What have you learned about being a patient because of the work you do?

My practical experience as a medical social worker helped prepare me for relating to and understanding the views of both patient and learner. I have a better appreciation for the learner who has to sort through the signs/symptoms presented by the patient in order to arrive at a correct diagnosis.

What other memorable experiences have you had as a standardized patient?

A funny experience comes to mind that happened at a Physical Therapy event. During the exam, the learner touched a very tender spot on my ankle. My reflex reaction was to immediately jump off the exam table. This, of course, startled the learner. Their first comment was "either you are a great actor or that really hurt." We both had a good laugh.

Find out more about the Standardized Patient program in the Centers for Simulation Education at <http://medicalsims.uams.edu/standardized-patients-2>.

UAMS Library

Grants Help UAMS Library Expand Health Education Services in Community

The [UAMS Library](#) is revamping and growing collaborations that will aid UAMS, the Library, patients and the public.

Lindsay Blake, clinical services librarian, and **Alice Jagers**, outreach coordinator, are co-principal investigators (Co-PIs) for a National Network of Libraries of Medicine/South Central Region (NNLM/SCR) grant, "Preparing Arkansas Patient Educators and Nurse Educators to use authoritative consumer health resources." Through the grant, they will train nurse/patient educators at hospitals around the state on high-quality patient education/consumer health resources available from the National Library of Medicine. The courses they designed carry certified nurse educator (CNE), certified health education specialist (CHES) and dietetics continuing education credit.

Susan Steelman, the library's head of education and research services, and Jagers are Co-PIs for another NNLM/SCR grant, "Individualized Health Information Program Partner." The UAMS Library will partner with the public libraries in eight counties to promote and extend the educational offerings of the *All of Us* program, promote the National Library of Medicine resources, and to

provide health information in-service training for library staff. Services offered will include developing and offering health information sessions and integrating these sessions into each public library system headquartered in our regional program counties. Regional Programs and individual regional centers have indicated that working with their local public libraries might be a great partnership for supporting the public seeking health information. The investigators also will encourage attainment of the Medical Library Association's Consumer Health Information Specialization (CHIS) for these public librarians. Year 1 activities for this grant will wrap up April 30, 2019. To learn more about the All of Us program, see: allofus.nih.gov.

Locally, the UAMS Library is investigating ways to expand MLA Consumer Health Information Specialization (CHIS) for our staff. Library faculty who have received their CHIS certificate are Steelman, Jagers and Blake. The MLA CHIS recognizes attainment of quality health information skills and a commitment to stay current on consumer health resources, technologies and services. The certification is open to librarians, health professionals and others. As the library works with UAMS' Family Resource Center (FRC), library staff and FRC volunteers will be better prepared to staff this area after receiving CHIS training. To learn more about the MLA CHIS, see: <https://www.mlanet.org/page/chis>

Office of Institutional Research, Policy and Accreditation

Academic Affairs Website Redesign Unveiled

The website for the Division of Academic Affairs, academicaffairs.uams.edu, recently unveiled a new design, making it consistent in style with the rest of uams.edu and including a reorganization to make content easier to find. This includes links to departments within the division, institutional reports, policies and accreditation, now in a heading across the top of the home page. There also are quick links to the academic calendars, the division newsletter, faculty resources and commencement information.

The screenshot shows the Academic Affairs website with a clean, modern design. At the top, the UAMS logo is visible on the right, and the text "Academic Affairs" is centered. Below this is a navigation menu with links for "DEPARTMENTS", "INSTITUTIONAL REPORTS", "POLICIES", and "ACCREDITATION". A large banner image of classical columns features the text "ACADEMIC AFFAIRS" in white. Below the banner are four quick-link buttons: "CALENDAR" (with a calendar icon), "NEWSLETTER" (with a book icon), "FACULTY" (with a building icon), and "COMMENCEMENT" (with a graduation cap icon). At the bottom, there is a search bar, a heading for "The Office of the Provost" with a brief description of Dr. Stephanie Gardner's role, and an "ACCREDITED" badge from the Higher Learning Commission.

Office of Educational Development

Educators Academy

2019 Teach The Teachers – Call for Posters

This is a call for posters for the annual **Teach The Teachers Symposium on January 25, 2019**.

This is the 10th anniversary of the free event presented by the UAMS College of Medicine, UAMS Educators Academy and the Arkansas Medical Society. The theme of the symposium is “Teaching and Learning at Its Best.”

Submit your educational scholarship poster for consideration to present during the lunchtime hour of the event in January. **The deadline for poster submission is Monday, December 3, 2018** at 5:00 p.m. for peer review process. For more details, email Laura Smith-Olinde at lso@uams.edu.

Save the Date

UAMS College of Medicine, UAMS Educators Academy &
The Arkansas Medical Society presents



10th Anniversary of the Teach the Teacher Symposium



“Teaching & Learning at Its Best ”

Friday, January 25, 2019
8:00 am—3:00 pm
IDW 115 A/B

You are invited to attend this free Educator’s workshop hosted by the
COM Academic Affairs Office and Office of Educational Development.

Contact Jennifer VanEcko to register now, vaneckojenniferl@uams.edu or 501.686.5800

Funding for this conference is provided by a MEFFA grant, the Educators Academy,
and the Arkansas Medical Society

The Teaching Observation by Peers Experience

The Educators Academy’s Teaching Observation by Peers (TOPS) Program is designed for faculty to have the opportunity for a voluntary, confidential and formative observation of their teaching. The program encourages reflection on and development of teaching skills, as well as a deeper understanding of teaching and learning.

The process starts with a pre-observation meeting during which the observer and instructor review materials and discuss what the instructor would like to gain from the observation process. For example, the instructor may want a class overview or feedback on a specific area or teaching skill.

The observer works with the instructor to observe a live teaching activity, and then provides feedback regarding the goals that are set as well as general teaching strengths and areas to improve.

As a new instructor of clinical education in the College of Nursing, Kimberly Stickley, DNP, found the

TOPS program helpful in giving her support in her teaching skills, which helped her build confidence as an instructor.

“They helped me in learning my strong areas, and how to build on those,” she said. “The best part is that it is objective and unbiased. I felt really safe doing that.”

**“They helped me in learning my
strong areas, and how to build on
those,”**

*— Kimberly Stickley, DNP
Instructor, College of Nursing*

Stickley also commented that she saw the TOPS program as a benefit, coming up with strategies for teaching improvements that students will appreciate. The program also helped her know she can grow as an educator, using evidence-based teaching—what research shows is effective. She

stated this process is ongoing, with additional observation visits planned to monitor her improvement and look for other areas of growth and to build up strengths.

To schedule a peer observation session, complete the [OED Service Request Form](#) or email [Laura Smith-Olinde](#), Director of the Educators Academy.

Office of Educational Development

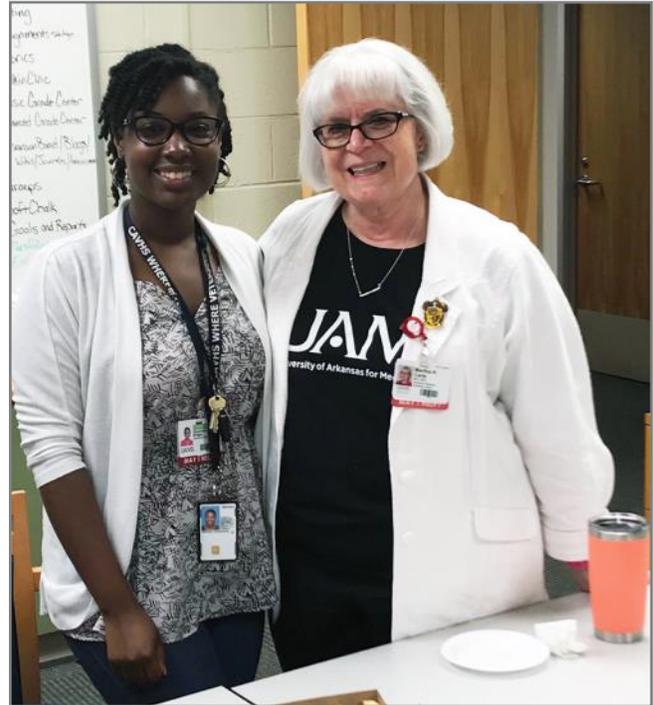
eLearning Hosts Summer Intern – Alexandria Bridges

The OED eLearning team hosted Alexandria Bridges, a master's degree in Public Health student from Liberty University. Bridges completed a practicum of 120 hours this summer with Martha H. Carle, M.Ed., M.P.H., assistant professor in the Office of Educational Development, serving as her preceptor.

Bridges was tasked with redesigning an online course; researching dietary/nutrition projects for Interprofessional Education; and developing proficiency in eLearning tools. During the practicum she built creative teaching skills; researched knowledge in Public Health; and developed a project design for Interprofessional Education.

Bridges used Blackboard Goals and Analytics to define low scoring outcomes in the course "COPH HBHE 5324 Program Planning Evaluation and CBPR" (Community Based Participatory Research) co-taught by Carle and Karen Yeary. With the data, Bridges added interactivity to specific modules to help students with knowledge and application. She built Softchalk modules demonstrating "Privilege" and application of "Health Education Theories." She also built a Project Review quiz for the students with check points during the course.

Bridges independently researched the UAMS Interprofessional Education Curriculum and developed a Triple Aim Project Proposal centered on the goal of population health improvement. She created a packet of information on the Veterans Day Treatment Center in Little Rock. The packet will provide interprofessional teams with resources to build a project proposal.



Intern Alexandria Bridges (left) pauses for a photo with her preceptor, Martha Carle, M.Ed., M.P.H.

Bridges helped the eLearning team solve a software problem during her work with different eLearning tools.

Bridges was awarded her MPH in Global Studies September 13, 2018, from Liberty University. The university is located in Lynchburg, Virginia. She is currently a registered clinical dietician at Central Arkansas Veterans Healthcare System in Little Rock.

Spigner Joins OED Team

Educational Development (OED) welcomes **Mike Spigner**, who brings his expertise as an educational/ technology resource specialist to the campus. He is working in collaboration with Office of Educational Development faculty in designing and developing educational and promotional materials for UAMS learners using his skills in production of audio, graphics and video.

He also manages the department's website and supports UAMS faculty in use of eLearning tools. He previously worked as publications manager at Arkansas Children's Hospital, where he was in charge of illustrations, layout and design of brochures, magazines, and newsletters.



Mike Spigner

Student Success Center

How Tutoring can lead to Research

By Jasna Vuk, M.D., Ph.D.

Student Learning Specialist
Student Success Center

The Student Success Center (SSC) offers individual and group tutoring for students to improve their academic performance. Tutors are usually upper-class students who excel academically and are often interested in learning more about teaching, research and careers in academia. Through tutoring, these students are able to practice teaching skills and apply active learning techniques in individual and group sessions.

Those tutors who work with me in my role assisting College of Medicine students have the opportunity to develop educational research projects based on their interests. I really want to encourage them to explore topics for educational research, then mentor their educational projects from start to finish. In the past, these projects resulted in publication in MedEdPublish and were presented at the Southern Group on Educational Affairs (SGEA) conference.

Most recently I assisted Erin Weatherford Creighton, M.D., who was a tutor in the Student Success Center for three years, in her research on stress levels experienced by medical students in relation to their help-seeking behavior. Her research resulted in a poster "Address the stress: Studying the relationship between stress, help-seeking, and Step 1 performance. Creighton, E., Vuk, J., Clemmons, K., & Graham, J." that was presented at the SGEA 2018 conference in Jackson, Mississippi. Her poster also received a Medical Education Scholarship Award (MESA), Outstanding Poster by a Trainee Award. Dr. Creighton is now a first-year resident in Otolaryngology-Head & Neck Surgery department at UAMS. She has continued with educational research projects and an interest in medical education through her residency.

I'm excited about ongoing work with some current tutors on research projects, with several in preparation for possible presentations at the conferences in 2019.

Find out more about the UAMS Student Success Center at <https://studentsuccess.uams.edu>.

Office of Continuing Education

Quality Improvement Newsletter Debuts

UAMS' first ever Quality Improvement newsletter — [Q@U](#) — was released recently. The newsletter, developed by a team of staff from various College of Medicine departments and led by the Office of Continuing Education, provides a snapshot of some of the quality improvement efforts that taking place across UAMS.

By recognizing and celebrating a few notable projects, Q@U showcases ways members of Team UAMS can work together to enhance the quality and safety of the care and services provided. Q@U is a companion piece to the recently-launched UAMS Quality Improvement [webpage](#), which provides resources and guidance to support the development of Quality Improvement projects. These two new resources reflect UAMS' ongoing commitment to provide staff with information, support and training to promote safe, high quality, effective, and patient-centered care for patients.

Suggestions and comments about Q@U and the QI webpage are welcome, and can be submitted to QInews@uams.edu.

Upcoming CE Conferences

Dec. 1, 2018 — *Third Annual Dementia Update: Dementia Care: Filling Your Toolbox*, IDW Education Building, Topics include: support services & resources; music & exercise therapy; medication issues, safety, & legal matters; strategies for handling difficult behaviors. Designed for nurses, physicians, pharmacists, licensed social workers.

March 29-30, 2019 — *2019 Diabetes Update*, Spine Institute, UAMS Campus Topics include oral and eye health; pediatric diabetes prevention; geriatric diabetes care; managing type 2 diabetes; medications update: Opioids & Neuropathy and hands-on breakouts. Designed for nurses, physicians, pharmacists, dietitians, certified diabetes educators, licensed social workers.

For more upcoming CE offerings, visit ce.uams.edu and select Upcoming Courses in the menu.

Campus Life and Student Support Services

Campus Life Back-to-School Bash

Students were invited to attend one of the most anticipated fall events, the Back-to-School Bash at Cajun's Wharf! This event allows students from all colleges to meet and mingle and enjoy some of Little Rock's finest Cajun-style fare.



UAMS Day of Giving

The Student Center was the site for an early morning live broadcast by Channel 11 promoting UAMS' Day of Giving. The second annual UAMS Day of Giving on Oct. 2 raised more than \$518,000 in support of UAMS programs — surpassing the goal of \$400,000.

Campus Life and Student Support Services

Constitution Day/Student Resource Fair



Over 400 students attended the 2018 Student Resource Fair and Constitution Day celebration at the Student Center (top left). Staff from student service departments were available to answer questions and share important information. A voter registration table (top right) was front and center to promote voter registration and distribute registration forms to students.

Associated Student Government (ASG)

ASG meets at noon on the second Monday of each month in the IDW building, 105 A/B.

All students are invited to attend the meetings. More information can be found on the Campus Life website: <http://studentlife.uams.edu/student-life/>

(Below) *Jonathan Patterson conducts business at an ASG meeting.*



ASG Officers (left to right): Jared Stone, treasurer; Jonathan Patterson, president; Kayla Eveld, vice president. Not pictured: Cody Timmermann, secretary

Campus Life and Student Support Services

Intramural Football



Making The Catch

Intramural football teams played for championship bragging rights recently at Scott Field in Little Rock. Congratulations to 'Team M3's' for becoming the 2018 football champs!

Intramural Bowling Gets Rolling



The intramural bowling league started play in late October. The P3s team (above) will be among the teams looking to knock down some pins.

Office of Interprofessional Education



IPE Student Cooking Challenge a Highlight of Culinary Medicine Activities

As UAMS showcased its plans and the opportunities seen by creating a program around [culinary medicine](#), the Office of Interprofessional Education hosted a student cook (above) off in October.

The student cooking challenge, #TopChefUAMS, was hosted as an interprofessional education activity based on a case study involving federal SNAP benefits. Student teams prepared a meal of pan-seared tilapia, a squash medley and salad that would cost \$2.63 per plate for a family of four. The competing students received credit for completing the IPE Immersion phase simulation activity.

Since the summer, a working group has been meeting at UAMS, led by Stephanie Gardner, Pharm.D., Ed.D., senior vice chancellor for academic affairs and provost, to explore how UAMS could expand on the curriculum it is adopting from the Goldring Center for Culinary Medicine at Tulane University. UAMS hosted Timothy Harlan, M.D., the center's founder and a pioneer in culinary medicine, for a presentation on Oct. 26.

Gardner said since the initial meeting in July, the working group grew to more than 60 participants, divided into five subcommittees — with participants from UAMS locations around the state and external partners such as culinary arts programs at UA-Pulaski Tech and Brightwater at the Northwest Arkansas Community College.

A medical education committee is working to integrate the Tulane curriculum for UAMS medical students, with module-based courses that could be offered as soon as this spring. An interprofessional education group is exploring opportunities to create culinary medicine activities as part of the interprofessional curriculum required for all UAMS students. Other groups include scholarship/research, continuing education and community engagement.

UAMS culinary medicine activities included group of medical students working in the teaching kitchen of the Culinary Arts Institute at UA-Pulaski Tech to prepare a meal for the chancellor, while learning about culinary medicine concepts. In Northwest Arkansas, students from the UAMS Northwest Campus participated in a kickoff event at the Brightwater culinary center.

Center for Health Literacy

CHL Profile

Continued from Page 1

There is science to addressing health literacy on an individual and a systems level, she said, that drives how to make medical information easier to understand and how that clear language translates to improved patient outcomes. When it can be shown that outcomes can be improved by use of health literacy tools, it adds an economic impact in reduced medical costs.

The CHL's efforts to incorporate health literacy concepts into health policy got a boost earlier this year when Christopher Trudeau, J.D., an associate professor in the College of Medicine working in the center, became the first lawyer [appointed to a term](#) on the Roundtable of Health Literacy with the National Academies of Science, Engineering and Medicine.

The center also established one of the largest known collaboratives of health literacy researchers in the nation, including 33 faculty members who come from all UAMS colleges as well as partnering institutions around the country. Through the collaborative, researchers are encouraged to integrate health literacy into their scholarly work in a meaningful way. In two years, the collaborative has produced more than 30 peer reviewed publications.

One crowning research achievement came in 2016 when Hadden and the center received a four-year, [\\$2.9 million NIH grant](#) to test the effectiveness of healthy literacy-informed diabetes education in patient-centered medical homes at UAMS regional centers across Arkansas. Jennifer Gan, M.B.A., manages the grant and the project team at six UAMS Regional Centers for the center. More health literacy research recognition came in 2017 when a poster on the implementation of patient health literacy screening received the Best Health Literacy Poster Award at the International Conference on Communication in Healthcare.

The poster showed pilot results from a clinical project that made UAMS home to one of the largest known sets of patient health literacy screening data in the nation. A health literacy screening question was added to the UAMS electronic health record, offering insight on patient health literacy on more than 100,000 patients so far with plans to implement across the entire clinical enterprise. The re-

sulting information can be used to address patient health literacy issues at the point of care and provides data for population health studies initiatives and studies.

All incoming UAMS students hear about health literacy as part of the exposure workshop that is part of the [required interprofessional education \(IPE\) curriculum](#). A student activity introduces them to the concept and how it can be a part of effective interdisciplinary health care. An IPE activity in February 2018 that included a health literacy component involved both UAMS students and law students from UA-Little Rock in a medical malpractice mock trial.

As October drew to a close, the center marked another successful celebration of [Health Literacy Month](#). Hadden points to [Helen Osborne](#), a pioneer in the field, for starting the annual opportunity to promote the importance of understandable health information. The Center for Health Literacy made their own mark on the observance through creation of the [#PlainPledge](#).

"We wanted to leverage the use of social media to promote health literacy in a fun, but also educational way," Hadden said. "With the #PlainPledge, we can challenge our friends and colleagues to pledge to stop using jargon when communicating health information."

In taking the challenge, someone posts a photo of themselves on Facebook or Instagram or other social media holding a sign with the term they are pledging to no longer use and the #PlainPledge hashtag that spreads the message further online.

This year those taking the pledge vowed to avoid using jargon such as "attenuated," "pulmonary" and "persistent" and instead use words that are easier to understand. Even Chancellor Cam Patterson, M.D., M.B.A., a cardiologist, got into the act, pledging to avoid "angina." Hadden said the importance of taking the challenge is that health professionals become more aware of the words they use that may not be clear or understood by patients or non health professionals.

Looking ahead, Hadden said the center continues to be goal oriented, looking for new activities and projects in research, outreach and policy.

Find the center online at healthliteracy.uams.edu.

Center for Health Literacy

Ramping Up Health Literacy Efforts at UAMS

Over the last few months, the Center for Health Literacy (CHL) team made significant contributions to the UAMS mission.

CHL faculty participated in interprofessional education exposure sessions and additional courses for UAMS and UALR students, reaching more than 1,000 student learners. Faculty delivered the Translational Research Institute's (TRI) Distinguished Lectureship on consent issues in the new Common Rule and in the EU's General Data Protection Regulation, and a team is working with TRI and the Institutional Review Board (IRB) to update the Informed Consent for Research Template to align with these changes. After developing a template for patient-facing chemotherapy regimen summaries, CHL writers have provided feedback to clinicians using the new template and continued plain language editing on populated summaries.

Our team also is involved in a collaborative project to update Advanced Directive forms and complementary patient education material to be used by UAMS and Baptist Health (a joint effort under the Accountable Care Organization formed by the two).

Expanding the UAMS CHL Footprint

In September, after months of planning, CHL launched a new website and email blog. The new website, <http://healthliteracy.uams.edu>, features descriptions of all CHL services and patient/community engagement products along with an email signup form for those who wish to receive our blog posts.

Faculty and staff delivered a two-part Applied Plain Language Writing class to build capacity in a state agency, and are scheduled to deliver another intensive course later this fall. In the recently completed quarter (July-September), CHL's research team submitted six manuscripts for publication and had two accepted for publication. Finally, CHL worked with [Bioventures](#), who approved plans to submit copyright registration on a series of opioid patient education materials developed by CHL in partnership with UAMS Department of Orthopaedics. External groups have already expressed interest in these materials.

