

COVID-19

Guidelines for In-Person Educational Activities



Academic Year 2020-2021

August 7, 2020



UAMS COVID-19 Plan for Educational Activities

Fall 2020

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This document was produced with contributions and input from:

UAMS Division of Academic Affairs

Division of Academic Affairs Advisory Committee

Division of Academic Affairs Policy Committee

UAMS Campus Operations

UAMS Infection Prevention

UAMS Nutrition Services

UAMS Student and Employee Health Services

UAMS Senior Leadership

Information within this guide is intended to align with and includes guidance from the Arkansas Department of Health, Arkansas Division of Higher Education, Higher Learning Commission and the Centers for Disease Control and Prevention.



I. Overview

Introduction

The University of Arkansas for Medical Sciences (UAMS) is the state's only academic health sciences system. The mission of UAMS is to improve the health, health care and well-being of Arkansans and of others in the region, nation and world by:

- Educating current and future health professionals and the public;
- Providing high-quality, innovative, patient- and family-centered health care and also providing specialty expertise not routinely available in community settings; and
- Advancing knowledge in areas of human health and disease and translating and accelerating discoveries into health improvement

Its combined mission placed UAMS on the front lines of the COVID-19 pandemic as its clinical enterprise cared for COVID patients. Its research mission engaged quickly in efforts to study the virus, how it spreads and how to treat it effectively. Students in UAMS health professions programs adjusted to alternative delivery of instruction in spring 2020 and graduates started careers in the middle of a public health emergency.

As UAMS planned for increased educational activities on its campus in the fall 2020, it developed this document as a resource for faculty and students. Since the emergence of COVID-19, the situation with regards to Arkansas and UAMS operations has sometimes required rapid changes. Policies and guidelines will be updated as needed. Our aim is to be no more or less restrictive than the guidance provided by state and federal public health agencies.¹

The objectives of this plan include:

- Protect the safety and health of UAMS students, faculty, staff, patient and visitors
- Plan to resume more in-person educational activities at UAMS
- Develop resources and guidance to allow flexibility for our colleges and academic programs to respond to changing conditions
- Strive for the least disruption to the academic experience for UAMS students
- Communicate clearly and consistently with the UAMS campus community to promote awareness of our plans and policies

¹ Modeled on University of Arkansas plan



The UAMS Approach

UAMS will continue to follow guidance from federal organizations including the Centers for Disease Control and Prevention (CDC) and state agencies, including the Governor’s Office, the Arkansas Department of Health and the Arkansas Division of Higher Education. UAMS plans will align with the directives and guidelines set by the University of Arkansas System or the UA Board of Trustees.

Guidance received by the American Association of Medical Colleges, Higher Learning Commission, and other professional associations and organizations may be used in the decision-making process. However, information from the latter will not supersede the advice and guidelines received from federal and state government or public health organizations.²

UAMS also is fortunate to be able to rely on its own clinical, academic and research professionals and their expertise in infectious disease and public health.

In addition, policies and practices for educational activities will operate in concert with guidelines or requirements set at the campus level and with those followed by the UAMS clinical enterprise.

Our approach to the UAMS COVID response for educational activities seeks at all times to be consistent with our institution’s core values:³

- **Integrity** — We foster, encourage and expect honesty, accountability and transparency in pursuit of the highest ethical and professional standards in all that we do. We take responsibility for our performance, and will engage employees, patients and families, learners and stakeholders in our critical decisions that are timely, complete and accurate.
- **Respect** — We embrace a culture of professionalism with respect for the dignity of all persons.
- **Diversity and Health Equity** — We are committed to the importance of the diversity of UAMS leadership, faculty, staff and learners in order to enhance the education of our learners, reduce health disparities in our state, and honor the unique contributions provided by a diversity of values, beliefs, and cultures.
- **Teamwork** — We seek to create interdisciplinary and inter-professional, synergistic and collegial relationships characterized by honesty, collaboration, inclusiveness and flexibility.

² Modeled from similar guidelines from UA Pulaski Technical College

³ <https://web.uams.edu/about/vision-mission-core-values/>



- **Creativity** — We encourage and support innovation, imagination, ingenuity, resourcefulness and vision.
- **Excellence** — We strive to achieve, through continuous improvement, adherence to institutional policies and best practices, and collaboration with colleagues, patients, and families, the highest quality and standards in all our endeavors.
- **Safety** — We commit to protect the health and safety of all who we serve through our mission: our patients, our learners, our colleagues and our neighbors in the community, state, nation and in the world. By sustaining a culture of safety, our daily work and our strategic planning promote better health care outcomes, the creation of health equity for all and a sense of joy in our work.

COVID-19

COVID-19 (Coronavirus Disease 2019) is a new respiratory virus that has the potential to cause severe illness, pneumonia and death. It was identified in late 2019 and has since spread globally. Symptoms include fever, cough and shortness of breath.

According to the Centers for Disease Control, COVID-19 is thought to spread mainly through close contact from person-to-person. Some people without symptoms (asymptomatic) may be able to spread the virus.⁴

The main mechanisms for virus spread:

- Between people who are in close contact with one another (within about 6 feet).
- Through respiratory droplets produced when an infected person coughs, sneezes, or talks.
- These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

COVID-19 may be spread by people who are not showing symptoms.

It may be possible, the CDC reports, that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes.

The best way to prevent illness is to avoid being exposed to this virus.

CDC-recommended steps to slow the spread include:

- [Maintain good physical distance](#) (about 6 feet). This is very important in preventing the spread of COVID-19.

⁴ <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/how-covid-spreads.html>



- [Wash your hands](#) often with soap and water. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.
- [Routinely clean and disinfect](#) frequently touched surfaces.
- Cover your mouth and nose with a [cloth face covering](#) when around others.
- Additional personal protective equipment (PPE) is recommended when caring for patients.

The COVID-19 pandemic affected educational activities at the University of Arkansas for Medical Sciences (UAMS) starting in March 2020 when the first case was diagnosed in the state. At that time, UAMS converted to alternative methods of instruction wherever possible.

Health professions education differs from other forms of higher education and career training as in most programs, clinical experience that involves treating patients is a part of the academic and/or regulatory requirements. Some students returned to UAMS for in-person educational activities in March, with precautions taken with personal protective equipment (PPE) and physical-distancing. Other programs returned in summer sessions or are planned to return in Fall 2020 for classes and rotations that occur on-site in face-to-face settings in patient care areas or skills training labs.

In accordance with the Arkansas Department of Health (ADH) and the Centers for Disease Control (CDC) guidance, institution-wide precautions to reduce the transmission of COVID-19 include support for physical-distancing in public/common areas, hand-hygiene support and reminders including hand sanitizer stations at all entrances and dining locations and at other public areas on campus, a requirement for all persons on site to wear a face mask and additional PPE recommendations as appropriate to work/training activities, increased frequency of cleaning by the facilities management team, and a mandatory entrance health screening for all persons entering campus locations.

Many public spaces on campus, especially campus dining locations, have been marked for physical distancing while in lines. Tables and chairs also have been rearranged to allow appropriate spacing. Elevators have a maximum capacity which must be followed.

A website for UAMS students and faculty was created to compile the resources, policies, and guidelines for academic activities, academicaffairs.uams.edu/covid-19-guidelines-for-students. The website will be updated as guidelines and information changes. All faculty, staff, and students are required to comply with the policies, protocols, and guidelines in this document and posted to this website or communicated through the UAMS Announcements.

UAMS also developed the UAMSHealth.com/coronavirus website with information for the public, including COVID-19 screening guidelines and information for patients and visitors to the UAMS campus in Little Rock.



II. Plans, Guidelines for UAMS In-Person Educational Activities

Required Trainings for Participation in Educational Activities and Acceptance of Risk

Prior to participation in on-site activities either at UAMS or experiential locations, students are required to complete trainings to inform them of the risks associated with COVID-19. UAMS students must understand that seeking an education in health care may increase risk of exposure to COVID-19 and other illnesses or injuries. COVID-19 is a pandemic virus, which can cause illness to the point of permanent harm or death.



Students participating in on-site activities accept this risk and understand that the risk of transmission of COVID-19 is high and that it appears to spread through the community easily, potentially putting the student and those with whom they come in contact at risk. UAMS students additionally understand that contact with a known or suspected COVID-19 patient could require that they enter quarantine for at least fourteen (14) days.

Educational spaces on the UAMS campus have been marked to make physical spacing easier.

Various risks, including the possible increased risk of exposure to COVID-19, are inherent to and associated with the various activities, research, and patient care conducted at UAMS, and by completing the required training module on COVID-19 and enrolling in on-site activities students indicate they accept these risks.

All students are required to complete the following COVID-19 trainings:

COVID-19 presentation and quiz by UAMS Clinical Education
COVID-19 presentation on the UAMS response to the pandemic, how students can help and how to protect yourself and your family



Both presentations are accessed via the COVID-19 student information website at academicaffairs.uams.edu/covid-19-guidelines-for-students.



Watch for signs in classrooms and lecture halls posted to assist physical distancing.

On-site Educational Activities

To plan for educational activities, a committee formed with representatives from Infection Prevention, Office of Academic Services, the Provost's Office, Supply Chain, and Institutional Support Services reviewed academic needs, facilities, resources and policies. The committee reviewed teaching spaces on campus to determine appropriate capacity for physical-distancing and provided guidance for PPE requirements based on type of educational activity.

Classroom capacities are posted outside each room and updated capacity numbers were made available to faculty and the colleges. Additionally, PPE recommendations were provided for colleges and programs to update class schedules and delivery plans based on the type of activity (ex. lecture, hands-on demonstration by faculty member) being conducted. On-campus educational activities are prioritized to those activities necessary for face-to-face formats. When possible, programs are encouraged to continue alternative methods of instruction through distance delivery.

In addition to physical-distancing adjustments to teaching space capacities and PPE recommendations for on-site activities, increased frequency of cleaning for teaching spaces is scheduled and materials will be available to support supplemental cleaning of workstations as recommended by the UAMS Infection Prevention team in accordance with the Arkansas Department of Health and the Centers for Disease Control recommendations for COVID-19. To minimize contamination of tabletops, food is not allowed in general classroom spaces and is restricted to designated indoor dining spaces that support physical-distancing, or individuals are encouraged to eat outside while maintaining physical distance.

Phased Return to Campus

Return to campus for faculty/staff who have transitioned to work from home during the suspension of on-campus classes is governed by UAMS Administrative policy.

Return to UAMS clinical training sites is determined by leadership of the UAMS Medical Center and associated clinics in alignment with UAMS Health phased return of services in consideration



with staffing resources and in alignment with academic and regulatory training requirements for UAMS programs. Return to on-campus educational activities as prioritized above results in a natural phased progression of return of students from June through August due to varying class start dates as outlined on the academic calendar.

Employees and students with certain conditions may be at a higher risk for contracting COVID-19 or may have a higher risk for severe illness.

The Centers for Disease Control and Prevention (CDC) latest guidance suggests that people in the highest risk categories include individuals who⁵:

- Are over age of 65;
- Suffer from chronic lung disease or moderate to severe asthma;
- Suffer from serious heart conditions;
- Severely obese (Body mass index of 40 or higher);
- Have diabetes;
- Suffer from chronic kidney disease undergoing dialysis; or
- Suffer from liver disease.

Employees with these or other high-risk conditions who have concerns about returning to work on campus should contact their supervisor **and** the UAMS Human Resources Employee Relations Specialist, Lynne Bowen, to discuss their needs. Contact the HR Main Office at (501)686-5650, by email at AskHR@uams.edu or visit <https://hr.uams.edu/contact-us>.

Students with these or other high-risk conditions who have concerns about returning to class or clinical training on campus should contact their college's Associate/Assistant Dean (see Additional Resources section for a contact list) **and** the Americans with Disabilities Act (ADA)/Disability Services Coordinator, Ms. Andrea Neal, to discuss their needs. The Title IX Office can be reached at (501)526-5641 or by email at aneal@uams.edu.

Personal Protective Equipment (PPE)

Personal protective equipment (PPE) includes clothing, goggles, masks, gloves, face shields, hand sanitizer and any other equipment designed to reduce the risk of virus spread.

⁵ (<https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/people-at-higher-risk.html>)



All UAMS employees and students are required to wear face masks while at any UAMS location, per UAMS Administrative policy, 3.3.01 and Medical Center policy A.1.07.

- A mask must be worn while in public/common areas — hallways, shared rooms, shuttle buses, shuttle stops, etc
- Masks should be worn during academic classroom/lab activities to minimize potential exposures to others and environmental contamination. Specific PPE requirements will be defined in direct patient care/skills training areas for clinical training activities.
- Masks must be worn in elevators.
- Daily washing of fabric masks is recommended.



UAMS Chancellor Cam Patterson, M.D., MBA, shows off his UAMS mask (via @drcampatterson on Twitter).

Employees who have concerns about being able to adhere to PPE recommendations should

contact their supervisor **and** the UAMS Human Resources Employee Relations Specialist, Lynne Bowen, to discuss their needs. Email LPBowen@uams.edu or call the UAMS Office of Human Resources at (501)686-5650.

Students with these concerns should contact their college's Associate/Assistant Dean **and** the ADA / Disability Services Coordinator, Andrea Neal, to discuss their needs. The Title IX Office can be reached at (501)526-5641 or by email at aneal@uams.edu.

All UAMS employees and students are asked to practice safe physical-distancing and regular hand hygiene and to be good examples of these practices in their homes and in the community.

To minimize community spread of COVID-19, the following physical-distancing and hygiene habits are recommended:

- Wash hands for at least 20 seconds with soap and water*;
- Wash hands frequently (a minimum of every two hours) and after each time you have been a public place*;
- Avoid touching your faces (eyes, nose, mouth) and wash your hands immediately if you cannot avoid doing so;
- Cough and sneeze into your elbow, not your hand;
- Create a physical distance of at least six feet between you and others;
- Do not gather in groups of 10 or more without required physical- distancing; and



- Avoid crowds.
- * *Use hand sanitizer with at least 60% alcohol content if you are unable to wash your hands.*

In addition to cloth face masks/coverings, additional PPE may be required based on the type of educational activity or training site. PPE recommendations were developed and approved for each event type, including lecture, lab, hands-on instruction activities or clinical settings.

At the beginning of the semester, each student and teaching faculty member will be provided a bag with a set of PPE for use in on-site classes, labs, and skills training sessions. Instructions will be included on how to clean and use the PPE. PPE for clinical training activities in direct patient care areas is provided by the training site based on the recommended PPE for the environment of care. Students in clinical training sites are expected to adhere to UAMS recommendations for PPE, at minimum, at all times whether at a UAMS or non-UAMS training site.

For current information on PPE requirements based on type of educational event, visit academicaffairs.uams.edu/wp-content/uploads/sites/12/2020/07/Event-Types-and-PPE.pdf.

Entrance Screenings and Points of Entry

All persons entering campus are subject to a daily health screening involving a list of questions answered online to ascertain risk factors and a temperature check. Students are subject to these daily health screenings. To ensure that all individuals entering campus are screened, access points to campus building are restricted to designated areas.

All employees and students entering campus **MUST** wear their UAMS ID badge. Special procedures for new students/employees who do not yet have an ID badge will be communicated by the appropriate supervisor/college representative.

The following Little Rock campus map shows screening locations and access times as of July 30, 2020. The locations are subject to change. Those changes will be communicated to all UAMS students and employees through the UAMS email announcements and signage at the entrances.

Changes also will be posted under the COVID-19 updates on uamshealth.com under the Resources section at uamshealth.com/coronavirus.



UAMS Screening Locations and Access Times

JULY 30, 2020

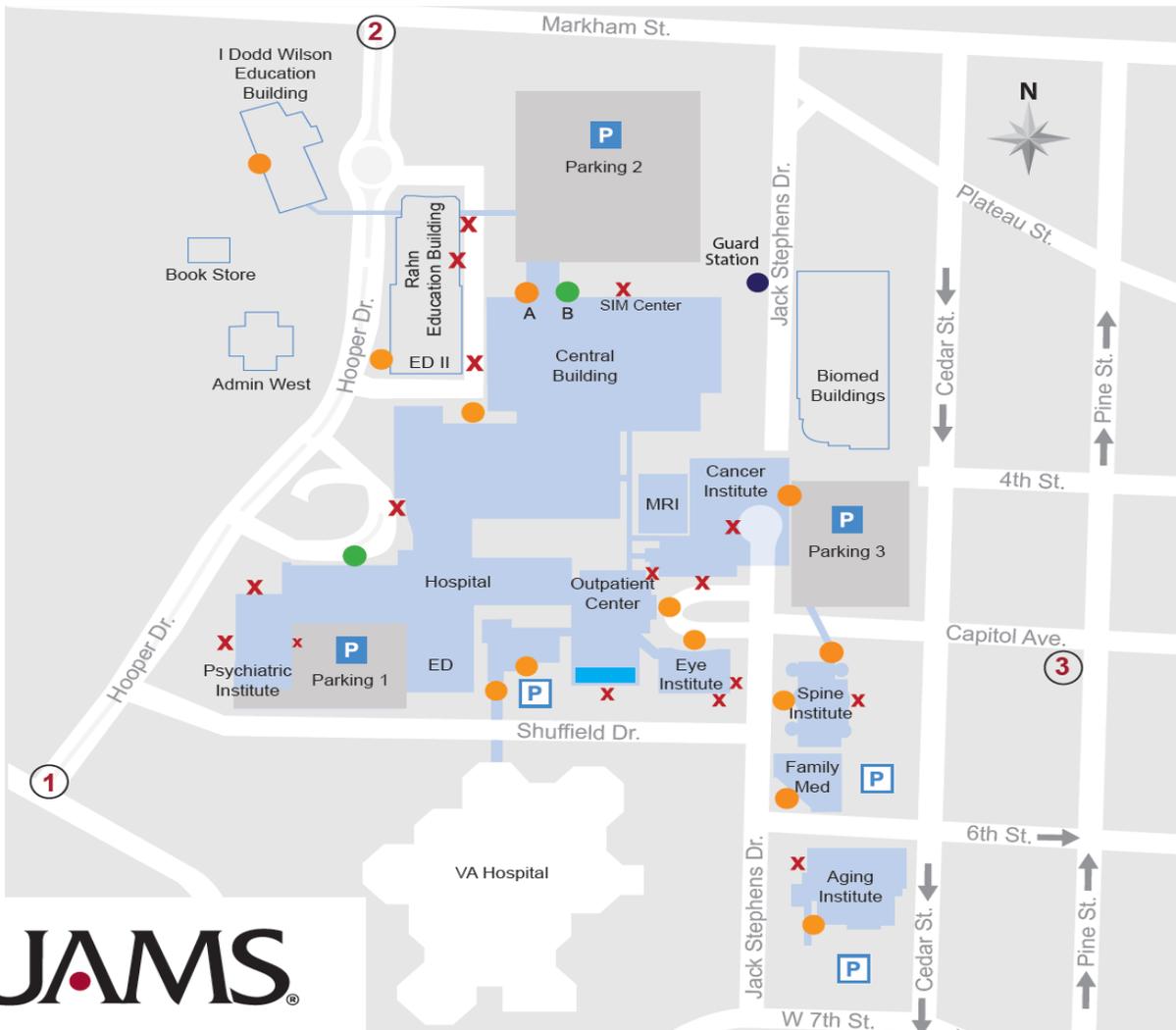
| Screening Locations | Screening Times |
|--|-----------------|
| ● Main Lobby | 24 hours |
| ● Parking 2 B Level | 24 hours |
| ● Parking 2 A Level (M-F only; No employees) | 6a-5p |
| ● Doc Java Entrance (M-F only) | 5a-5p |
| ● Outpatient Center (M-F only) (Patients/Vendors Only) | 5a-6p |
| ● VA Bridge | 7a-4p |
| ● Cancer Institute, Parking Deck 3 | 6a-6p |
| ● Parking 3, Bridge to Spine (M-F only) | 6a-5:30p |
| ● Spine Institute, First Floor (M-F only) | 6a-5:30p |
| ● Eye Institute (M-F only) (Employees/Contractors/Pharmacy Pick Up Only) | 6a-6p |
| ● Aging Institute (M-F only) | 7a-5p |
| ● Radiation Oncology Center (M-F only) | 6a-4p |
| ● Family Medical Center (M-F only) | 8a-5p |
| ● I. Dodd Wilson (M-F only) | 6a-6p |
| ● ED II West Entrance (M-F only) | 6a-6p |
| ● Jack Stephens Drive Guard Station <i>Deliveries, contractors and vendors only</i> | 24 hours |

X No Entrance

■ Triage Site

● 24-Hour Screening Entrances

● Screening entrances
See chart for times





At this time, the daily health screening consists of the questions below. Changes to this screening process will be communicated through the UAMS Announcements email and social media accounts. Students also are encouraged to check with their college and/or academic program to find additional methods that updates and COVID-related information will be communicated.

Employees and students can access the screening questions online using their UAMS network credentials at <https://uams.edu/COVID19SCREENER>.

The COVID-19 screening questions (as of July 30, 2020) include:

1. Have you traveled outside Arkansas in the last 14 days?
2. In the last 14 days, have you been in direct contact with someone who is confirmed to have COVID-19?
3. Do you have a new onset cough?
4. Do you have a sore throat?
5. Do you have shortness of breath?
6. Have you had a fever greater than 100.4 degrees or chills in the last 24 hours?
7. Do you have new onset muscle ache, not explained by exercise or activity?
8. Do you have loss of taste or smell?
9. Have you been tested for COVID-19 in the last 30 days?

If COVID-19 symptoms begin while in class/clerkship after initial daily screening (new symptoms begin), the student should immediately notify their college's Associate/Assistant Dean, direct supervisor/preceptor, and SEHS to receive instruction for next steps which may include change in status (cleared with conditions or not cleared), referral for testing, and/or quarantine.

If a student is cleared to enter campus based on survey responses, an email will be sent to their UAMS email account with that message, and the student may enter campus buildings. Upon arrival, students will be required to visit an entrance screening location and present their UAMS ID badge for scanning and will have their temperature checked. If the temperature is less than 100.4 and the badge scan shows the screening survey has been completed, the student will receive a sticker for that day which must be displayed at all times on campus.

If a student is not cleared to enter campus based on survey responses, they will receive an email to their UAMS email account with a link to a Student and Employee Health Monitoring Survey and will be instructed to call the Student Employee Health Clinic (SEHS) at 501-686-6565. The student also must notify the Associate/Assistant Dean in their college. A student may not enter campus until cleared by SEHS, and will have to complete the monitoring survey daily until cleared, whether on-campus or not.



If a student is cleared with conditions, they may come to campus, but must wear a mask at all times on campus. The student will receive an email to their UAMS email account with a link to a Student and Employee Health Monitoring Survey that must be completed immediately. Upon arrival to campus, students are required to visit an entrance screening location where they must present their ID badge for scanning and have their temperature checked. If the temperature is less than 100.4 and the badge scan shows the survey has been completed, the student will receive a sticker for that day which must be displayed at all times on campus. Additional requirements may be set by SEHS as determined by the Student Employee Health Monitoring Survey and additional information obtained in the SEHS health interview.

If a student is going to a location other than a UAMS site, they will follow entry-screening processes for that facility. Arkansas Children's has a questionnaire required for entry and a temperature check. Masks are required. The VA hospital also has a similar screening process, but there is no online questionnaire. Students will answer the questions orally upon arrival. Students should be advised of these recommendations during orientation to the training site.

Residence Hall

The Residence Hall did not close in response to COVID-19, but implemented additional measures to ensure physical-distancing and good hygiene practices throughout the residential buildings.

A list of these measures can be found at <https://studentlife.uams.edu/housing/covid-19-housing-update/>.

Campus Events and Gatherings

All campus events are to be held in accordance with all UAMS, state and health department guidance for gatherings, potential physical distancing, capacities and use of face coverings. Hours of occupancy for facilities and spaces may be modified or staggered to limit group sizes and ensure proper distancing.⁶

- Each event is to be determined on a case-by-case basis.
- Large gatherings are discouraged (and may not be allowed) at least through the end of the fall semester.
- Online and virtual events are encouraged.
- The Student Center will reopen on August 3 and operate under modified hours. Adjustments will be made according to the rhythms of the campus and in accordance with all university, state and health department guidance.

⁶ Modeled on University of Arkansas plan



Campus Dining Resources and COVID-Related Changes

All dining areas are compliant with Arkansas Department of Health guidelines for two-third capacity seating. Watch for signage and tape on the floor as visual cues to encourage physical distancing or seating.

The seating area at Metro Deli 2 in the Rahn Building also has been altered for physical distancing with only one chair per table. There is tape marking the floor to keep the line spaced apart when ordering at MD2.

Special menu plans at UAMS dining locations as of July 30, 2020:

MD2 – Will offer these daily specials in addition to its regular menu.

Monday – Chicken Strips

Tuesday – Sloppy Joe sandwiches

Wednesday – Taco and Nacho station

Thursday – Chicken Fried Steak sandwich

Friday – Barbecue Bacon Cheddar burger

Lobby Café, located in the first floor hospital lobby, is bringing back its specials station Monday-Friday, in addition to its regular menu.

Monday – Chicken Street Tacos/Pork Carnitas

Tuesday – Made-to-Order Salad/Fruit Bar

Wednesday – Loaded Twice Baked Potato Casserole

Thursday – Made-to-Order Salad/Fruit Bar

Friday – Cheeseburger Wrap

Main Cafeteria, located on the ground floor of the Central Building is bringing back the daily special station.

Monday – Chili Dog alternating with Rice Bowl

Tuesday – Made-to-Order Sushi

Wednesday – Wrap station

Thursday – Made-to-Order Sushi

Friday – Alternating Bars. Pasta/Stir Fry/Avocado Toast/Potato

Metro Deli, located on the ground floor of the Central Building, now serves made-to-order salads Monday-Friday.

For more information on main campus dining options, visit uamshealth.com/patients-and-guests/food-and-lodging/dining.



Travel

Although UAMS is not prohibiting travel at this time, faculty, staff and students on UAMS campuses are encouraged to use good judgment when making travel decisions and work with campus administration to evaluate alternative methods of remote participation such as live streaming of conference sessions and meetings. Non-essential meetings or events requiring travel are not allowed without cabinet-level approval.

In addition, to mitigate the potential spread of COVID-19, UAMS urges extreme caution and judgment for your personal domestic and international travel, and to take appropriate action related to your personal travel as warranted. Non-essential out-of-state travel is strongly discouraged. Please review the latest CDC guidelines and consider the possibility of travel restrictions, quarantines, and other travel-related issues.

- CDC guidance on travel: (www.cdc.gov/coronavirus/2019-ncov/travelers/index.html)
- Arkansas Department of Health (ADH) on travel (<https://www.healthy.arkansas.gov/programs-services/topics/covid-19-guidance-for-travelers>)

Per the ADH, some travelers may be placed under self-quarantine, at home, for 14 days. If you have traveled to a country with a CDC travel advisory of level two or higher within the last 14 days, please call ADH at 1-800-803-7847.

University-sponsored travel to countries with a CDC travel advisory of level two or above is prohibited. Similarly, university visitors from level two or higher countries are prohibited from visiting the campus without vice chancellor approval.

The UAMS COVID-19 Task Force will continue to work closely with ADH to keep our community safe and healthy. Watch for additional communications regarding travel or check with your supervisor or associate/assistant dean.



III. COVID-19 Testing/Quarantine Steps

COVID-19 Testing and Reporting

Any faculty/staff/student tested for COVID-19 are asked to report the test to Student and Employee Health Services (SEHS) via the clinic at (501-686-6565).

Regardless of the student's location, any time that a screening evaluation, contact tracing process, or known COVID exposure occurs, that student must be evaluated and/or referred for COVID-19 testing.

The student and/or Associate/Assistant Dean must contact Student Employee Health Services (SEHS) to assist in determination of need and location for testing. Contact SEHS at (501) 686-6565 between 8 a.m. – 4:30 p.m., Monday – Friday, or contact the on-call nurse at (501) 398-8636 outside of clinic hours. If SEHS is the source for notification of failed entry screening or contact tracing identification of exposure, they will assist with this information at the time of notification.

If a student tests positive for COVID-19 or are placed in quarantine, they must notify their college's Associate/Assistant Dean and the Student Employee Health Clinic (501-686-6565) if SEHS is not the source of the test result or quarantine.

If the student lives in the UAMS Residence Hall, they also must notify Cheri Goforth (501-686-5850, GoforthCheriD@uams.edu). Students may not return to campus until cleared by Student and Employee Health Services (SEHS). Students that live in the residence hall may quarantine in their rooms.

Students placed on quarantine due to symptoms of COVID-19 or exposure or potential exposure are reminded to:

- Answer calls from Student and Employee Health Services (SEHS).
- Participate in contact tracing investigation.
- Complete the SEHS symptom screening form EVERY DAY while quarantined.
- Call SEHS with questions or concerns at 501-686-6565.
- Look for an email when released to return to campus/training activities. UAMS SEHS determines the duration and clearance from quarantine in collaboration with the UAMS Infection Prevention team and in accordance with current public health recommendations.



UAMS Student and Employee Health Services COVID-19 Process (Updated July 22, 2020)

The following will be the process used by UAMS Student and Employee Health Services when considering whether a student or employee is cleared to return to work or educational activities following an exposure or positive COVID test.

Students and Employees who have had a significant exposure to someone with known COVID-19:

- Per CDC guidelines, significant exposure is considered to be greater than 15 minutes in duration, within 6 feet, and/or without appropriate PPE to someone with known COVID-19.
- All employees and students will be quarantined for 14 days from the day of exposure per the ADH guidelines and will not be permitted to return to work or in-person educational activities without Student and Employee Health clearance.
- Critical health care workers (physicians, nurses, PCT/MAs, Respiratory, Radiology, Lab are examples) may be considered for a shortened 7-day exclusion from work period
- Critical health care workers will be required to have COVID-19 testing performed on Day 5 prior to returning to work. The day of last exposure is considered Day 0.
- Critical health care workers who test negative at Day 5 and remain asymptomatic will be allowed to return to work after Day 7 with conditional clearance. These employees will be required to complete an additional Student Employee health survey and a mid-shift temperature each day that they work until they are cleared by Student and Employee Health. Per ADH guidelines, these employees must continue to quarantine at home for the full 14 days except for coming to work.
- Critical health care workers who have conditional clearance to return to work and report any symptoms concerning for COVID-19 will not be allowed to continue to work and will be retested for COVID-19.

Students and Employees who have tested positive for COVID-19:

- All students and employees who test positive for COVID-19 will be excluded from work or in-person educational activities for at least 10 days. The day of the positive test is considered Day 0.
- All students and employees, who remain asymptomatic and are not severely immunocompromised, based on CDC definitions, may return to work or in-person educational activities on Day 11 without additional testing.
- All students and employees who develop mild or moderate COVID-19 disease symptoms, and are not severely immunocompromised, based on CDC definitions, may return to work on Day 11 after symptom onset as long as symptoms are improving and there is no fever for >24 hours off anti-pyretics (fever reducers such as acetaminophen or ibuprofen). The day of symptom onset is considered Day 0.



- All students and employees who develop severe or critical COVID-19 disease symptoms, or are severely immunocompromised, based on CDC definitions, may return to work on Day 21 after symptom onset as long as symptoms are improving and there is no fever for >24 hours off anti-pyretics. The day of symptom onset is considered Day 0.
- Some students and employees who are severely immunocompromised may require additional COVID-19 testing prior to returning to work.⁷

Ongoing Surveillance

- UAMS leadership, the Emergency Operations Command for COVID-19, and the Academic Affairs coordinating committee will continue to monitor and assess the transmission of COVID-19 closely.
- With increase in community spread or severity of the virus on campus, in the metro, region, or State of Arkansas, campus officials may be required to modify this plan in order to mitigate risks, which may result in stronger restrictions on operation hours, physical distancing, and remote working and class operations.

⁷ https://www.cdc.gov/coronavirus/2019-ncov/hcp/return-to-work.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fhealthcare-facilities%2Fhcp-return-work.html



IV. Additional Resources

UAMS Associate/Assistant Dean Contacts:

- College of Health Professions — Tina Maddox Ph.D., R.D., L.D., (501) 686-6854, tmaddox@uams.edu
- College of Medicine — James Graham, M.D., (501) 686-7407, GrahamJames@uams.edu
- College of Nursing — Teresa Whited, DNP, RN, APRN, (501) 686-8349, TMWhited@uams.edu
- College of Pharmacy — Lanita White, Pharm.D., (501) 686-5433, Lswhite@uams.edu
- College of Public Health — Kevin Ryan, J.D., (501) 526-6673, RyanKevinW@uams.edu
- Graduate School — Latrina Prince, Ed.D., (501) 536-7396, princelatrina@uams.edu

(Note: Your college may designate a different point of contact on COVID-related issues. Please consult your college's associate/assistant dean for the appropriate contact.)

UAMS Student and Employee Health Services

Online: uamshealth.com/university-healthcare/student-and-employee-health

SEHS Clinic

4301 West Markham

Central Building, Ground Floor, Room 600

Little Rock, AR 72205

Phone: (501) 686-6565

After Hours: If you are in need of urgent or emergency care call 911 or go to your nearest emergency department at your local hospital.

Online Resources:

Arkansas Department of Health COVID-19 site — <https://www.healthy.arkansas.gov/programs-services/topics/novel-coronavirus>

CARES Act disclosure report — <https://studentfinancialservices.uams.edu/wp-content/uploads/sites/134/2020/06/CARES-Act-Report.pdf>

Centers for Disease Control and Prevention COVID-19 site — https://www.cdc.gov/coronavirus/2019-ncov/cases-updates/cases-in-us.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fcases-updates%2Fsummary.html

UAMS Division of Academic Affairs — <https://academicaffairs.uams.edu/>

UAMS Health COVID-19 site — <https://uamshealth.com/coronavirus/>

UAMS COVID-19 FAQs — <https://uamshealth.com/coronavirus/faqs/>

UAMS COVID-19 Wellness Resources — <https://gethealthy.uams.edu/covid-19-wellness-resources/>

UAMS Residence Hall COVID-19 Requirements and Guidelines — <https://studentlife.uams.edu/housing/covid-19-housing-update/>