

Student and Employee Health Services Update (SEHS)

When employees or students do not follow SEHS instructions, fail to complete their daily symptom survey, or do not respond to Student and Employee Health, it may delay their return to work.

Please encourage employees or students to

- **answer their phones**
 - If they are uncomfortable answering an unknown phone number, please encourage them to
 - Set up their voicemail so SEHS can leave a message
 - Empty their voicemail so SEHS can leave a message
- **update their symptom survey daily, preferably in the morning, to reflect symptoms experienced over the last 24 hours.**
- **Get tested at UAMS (if possible)**
 - UAMS turnaround time is **12-24 hours**
 - Other labs are 2-4 days
 - UAMS uses PCR testing
- **Get tested using PCR testing. It is the gold standard.**
 - **Rapid Tests**
 - SEHS will accept a positive COVID-19 rapid test
 - A negative COVID-19 rapid test requires PCR confirmation (high incidence of false negatives)
 - **Home Tests**
 - Requires PCR confirmation
- **Provide SEHS documentation of COVID-19 vaccinations received outside of UAMS**
- **If eligible, get their booster shot**

The following **definitions** are important to understand.

Fully Vaccinated – an employee or student is fully vaccinated

- 14 days after a 2nd dose of a two dose mRNA vaccine (such as Pfizer) and less than **6** months from their second dose **or**
- 14 days after or less than **2** months after a single-dose (J&J) vaccine.

(i.e. the employee or student is not eligible to receive a booster)

Boosted – an employee or student is boosted

- 14 days after receiving a 3rd COVID-19 mRNA vaccination (\geq 6 months after their 2nd mRNA vaccine) **or**
- 14 days after receiving a 2nd dose of a single dose vaccine (\geq 2 months after their single dose vaccine -J&J)

MAJOR CHANGE

Incompletely Vaccinated – an employee or student is incompletely vaccinated when they **have not** received a booster dose 6 months after their 2nd mRNA vaccine or 2 months after their single dose vaccine (J&J).

Quarantine Away From – UAMS employee or student must use a bedroom and bathroom not used by the COVID-19 positive individual. Additionally, the UAMS employee or student must not share common household space with the COVID-19 positive individual – kitchen, living room, etc. Each person must take meals separately in their own room/space.

Red Flag Symptoms – vomiting, diarrhea, and fever.

Work Restrictions for UAMS Healthcare Employees and Students

Work Restrictions for all UAMS Employees and Students with SARS-CoV-2 Infection regardless of Vaccine Status	
Restrictions	
<ul style="list-style-type: none"> Quarantine for 5 days, return to work Day 6 if not moderately to severely immunocompromised AND asymptomatic or mildly symptomatic with improving symptoms and no red flag symptoms – (fever free without medications for 24 hours, vomiting and/or diarrhea without medication for 48 hours) Daily symptom survey completion and conditional in the SEHS system for 10 days. 	
Work Restrictions for UAMS Employees and Students with Prolonged Unprotected SARS-CoV-2 Exposures (unless unable to quarantine away from the COVID-19 positive individual-see definition)	
Vaccination Status	Restrictions
Boosted or Fully Vaccinated	<ul style="list-style-type: none"> No work restrictions if asymptomatic Daily symptom survey completion and conditional in the SEHS system for 10 days.
Unvaccinated or incompletely vaccinated Healthcare Providers - HCP <small>(a UAMS employee who provides direct or indirect care or services to UAMS patients. This definition may include: Environmental Services, Supply Chain, UAMS Police, Nutritional Services, etc.)</small>	<ul style="list-style-type: none"> No work restrictions if asymptomatic but must test (PCR) on Days 0, 3, and 6 post-exposure. Daily symptom survey completion and conditional in the SEHS system for 10 days OR <ul style="list-style-type: none"> Quarantine for 5 days with PCR testing on Day 5. Return to work with negative PCR. Daily symptom survey for 10 days. Not Cleared in SEHS system until negative PCR result, then conditional through Day 10.
All other unvaccinated or incompletely vaccinated employees (not HCP)	<ul style="list-style-type: none"> Quarantine for 5 days with PCR testing on Day 5. Return to work with negative PCR. Daily symptom survey for 10 days. Not Cleared in SEHS system until negative PCR result, then conditional through Day 10.
Work Restrictions for Symptomatic UAMS Employees and Students with No Known Exposure	
Vaccination Status	Restrictions
Boosted or Fully Vaccinated	If mildly symptomatic with no red flag symptoms. <ul style="list-style-type: none"> Send for PCR testing – may continue to work Cleared Conditionally in SEHS system with daily symptom survey until PCR testing resulted. If negative, daily symptom survey through Day 10. If positive, quarantine as above.
Unvaccinated or incompletely vaccinated.	<ul style="list-style-type: none"> Send for PCR testing Not cleared in SEHS system, may not continue to work, until PCR resulted. If negative then, Cleared Conditionally in SEHS system with daily symptom survey through Day 10. If positive, quarantine as above.

For more detail see CDC recommendations (12/23/2021) for [Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2](https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assessment-hcp.html) at <https://www.cdc.gov/coronavirus/2019-ncov/hcp/guidance-risk-assessment-hcp.html> and CDC News release (12/27/2021) CDC Updates and Shortens Recommended Isolation and Quarantine Period for the General Population.